



# 'WATER FIRST' PLEDGE

- ~ I pledge to put Water First in my life; to respect, appreciate, & cherish Water as the sacred source of all life & a primary intelligence of the Earth.
- ~ Knowing that 99% of the molecules in my body are Water, I pledge to nourish my own inner Water by choosing healthy thoughts, words, emotions & actions.
- ~ Joining with others, I pledge to protect, restore & sustain the integrity of my local watershed, understanding it is deeply interconnected with all other Water on the planet.
- ~ I pledge to share my love of Water with my family & community; to continue educating myself & others in ways to ensure the purity & vitality of Water for future generations.

**#WaterFirstPledge**  
**[www.LovingWaters.Life](http://www.LovingWaters.Life)**