Water in Cultures

Cultures and religions worldwide perceive Water as a Sacred living energy which needs to be respected and honoured. Throughout time, people have gathered together to Bless Water and be blessed by it as it represents the foundation of life itself and is essential for cleansing and renewal.

Blessing the Water can be done by us all in a very simple ceremony developed by Dr Emoto, a Japanese scientist who has done many years of research into the power of prayer & positive thoughts changing ordinary unformed Water into beautiful crystals. The words Love & Thank you created very beautiful snowflake like crystals. His experiments show the power of our thoughts and words. Dr Patrick MacManaway's 'Water Whispering' work shows similar changes when he works with the Water and land.

There is a growing planetary movement of people inspired by this work to Bless the Water in our homes and nearby rivers and lakes. It is very simple protocol which can be done by yourself and is also fun to do with a few friends on a larger body of Water.

Things you will need

A container for the Water Blessing preferably made of glass, metal or pottery.

Capped Bottles for carrying your Water contribution. Any water source will work, although un-chlorinated natural spring Water is best, if it can be obtained.

A few sacred items or crystals to help you connect to the energy of blessedness within the Water.

Rubbish bags to clean the area before the blessing to leave the place cleaner than you found it.

The Practice

Stand in a circle, Ground, Centre & notice your breath and feel your connection with the landscape & with your Higher Self.

The Focalizer asks permission from the Guardian Beings of Place for the group to work there. (When we are working with the Guardian Beings of Place and Elemental Beings, it is important to be respectful and ask to change the energy of a place first)

"May it be for the highest and greatest good for all beings who live here. May we be guided guarded & protected"

Fill the blessing container with Water brought from your own Watersheds - any dam, creek, river, ocean you wish to bless, along with some from the main body of water where you are holding the blessing. Place it in the centre of the circle of people with your Water bottles too.

A prayer can be included if you wish. It can be spoken by the Focalizer, the group in unison or echoed line by line.

"You who are the source of all Love and Light Whose rays illuminate the whole world illuminate also our hearts so that we too may do your work & bless this water (& source of Water) with Infinite Love & Gratitude"

Centre yourself & notice your breathing, feel the earth beneath you and the light of the sun above. Feel your connection with all of life.

Now bring your focus to your heart centre and remember the feeling of Love and Gratitude….

When you are all ready point your hands in prayer position at the water and say Dr Emoto's Water Blessing 3 times

Water, I Love you
Water. I Thank You
Water, I Respect You

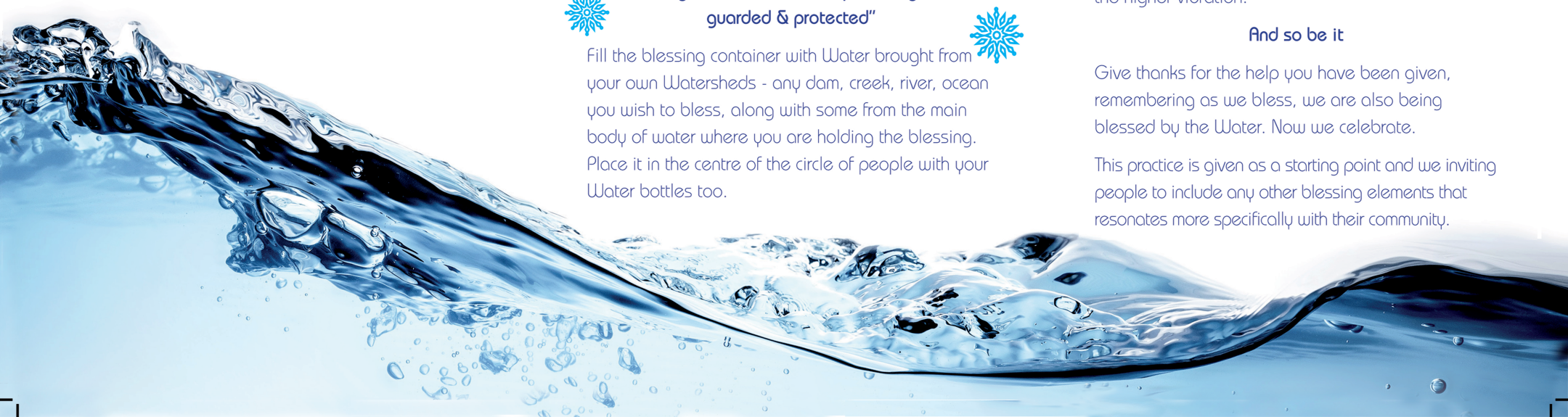
Hold this hand position until you feel the Blessing is complete.

With reverence, return the Blessed Water to the main body of water with the intention of it holding the higher vibration.

And so be it

Give thanks for the help you have been given, remembering as we bless, we are also being blessed by the Water. Now we celebrate.

This practice is given as a starting point and we inviting people to include any other blessing elements that resonates more specifically with their community.



References:

Loving Waters Website:

www.lovingwaters.life

Dr Emoto's experiments:

www.masaru-emoto.net/english/water-crystal.html

Dr Bruce Lipton: Scientist working with water:

http://blessthewater.com/bless-the-water-video/

Water Whispering: Dr Patrick MacManaway

http://subtleenergy.viprespond.com/waterwhispering

Water Awake Network: Connecting Our World's Water

http://waterawake.net (beta)

International Council of Thirteen Indigenous Grandmothers

http://www.grandmotherscouncil.org/words-of-reverence-for-water

Jane Goodall: Protecting our Sacred Water:
http://janegoodall.ca/get-involved/protecting-our-sacred-water/

'Loving Waters' group has been working locally in Eastern Australia for 2 years & now it's time to spread the impulse more widely.

Water Blessing Song

Uchu no mugen no chikara ga kori kotte

Makoto no daiwa no miyo ga nari nata

We pray for healing blessings on the waters

We pray for healing blessings on the sea

We pray for healing blessings on the rivers

That they may shine in crystal purity

Translation: The Eternal power of the Universe has gathered itself to create the world with true and grand harmony

We pray for healing blessings on the waters

We pray for healing blessings on the sea

We pray for healing blessings on the rivers

That they may shine in crystal purity/flow in perfect harmony.

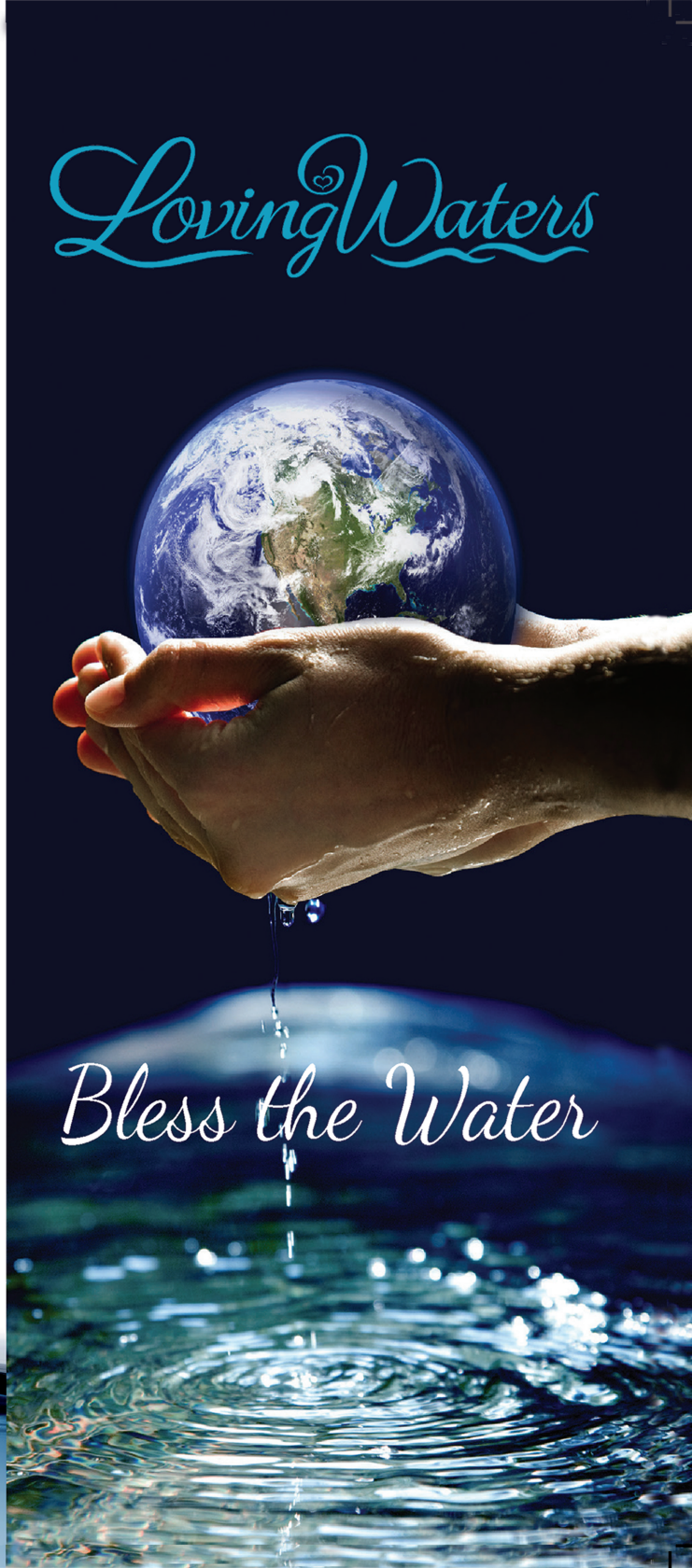
"A song for the healing of the planetary Waters... this Japanese mantra 'The Grand Invocation' is promoted by Masaru Emoto for World Peace. Such is its power, it was used to successfully purify a polluted lake near Fukushima. It was a great honour for Masaru to have happily discovered and shared this song before he passed." Nalini Blossom

https://soundcloud.com/naliniblossom/the-water-blessing-song

For events & more information go to Facebook: Loving Waters



Loving Waters



Bless the Water